

WEEK 1

Served w/c 5th Sept, 26th Sept,
17th Oct, 14th Nov, 5th Dec.

WEEK 2

Served w/c 12th Sept, 3rd Oct, 31st
Oct, 21st Nov, 12th Dec.

WEEK 3

Served w/c 19th Sept, 10th Oct, 7th Nov, 28th Nov.

St. Mary's Catholic Primary School

Fresh fruit & yoghurt served with every meal!



If your child has an allergy or special dietary requirements, please inform the school and our catering team so we can discuss their needs.

We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include may contain information, but this is not included on our menus.

This information is however available on our daily allergen matrix. Please contact your school cook for further information.



V = Vegetarian

- Celery
- Fish
- Crustaceans
- Eggs
- Cereals
- Gluten
- Lupin
- Peanuts
- Soya
- Milk
- Nuts
- Sesame
- Sulphur Dioxide
- Mollusc
- Mustard

Don't forget to turn the page to see the Autumn Term's upcoming promotions, competition, nutritional good-to-know, and meet our new Catering Mascot!



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| <p>V Creamy Macaroni Cheese </p> <p>V Veggie Sausage & Bean Bake </p> <p>Broccoli & Sweetcorn</p> <p>Homemade Garlic Bread </p> <p>Baked Bean or Tuna Baked Jacket Potato </p> <p>V Egg Mayo Sandwich </p> <p>*****</p> <p>Banana Mousse </p> | <p>V Cheese & Tomato Pasta </p> <p>with Seeded Bread </p> <p>V Chili Feta Pocket with Baked Potato Wedges </p> <p>Grated Carrot & Cucumber Sticks</p> <p>Baked Bean or Vegetable Bolognese Baked Jacket Potato </p> <p>Tuna Sandwich </p> <p>*****</p> <p>Oatie Cookie </p> | <p>V Chicken Burger in a Bun </p> <p>V Veggie Burger in a Bun </p> <p>Diced Potatoes</p> <p>Winter Slow & Mixed Salad </p> <p>V Cheese or Vegetable Chilli Baked Jacket Potato </p> <p>Ham Sandwich </p> <p>*****</p> <p>Apple Crumble & Custard </p> | <p>V Pecker Coquette </p> <p>Gravy</p> <p>Baked Baby Potatoes</p> <p>Carrots & Savoy Cabbage</p> <p>Crusty Bread </p> <p>V Chicken Mayo Baked Jacket Potato </p> <p>V Cheese Sandwich </p> <p>*****</p> <p>Fruity Flapjack </p> | <p>V Roasted Vegetable Pasta </p> <p>Peas & Sweetcorn</p> <p>Neon Bread </p> <p>Cheese or Bolognese Baked Jacket Potato </p> <p>Tuna Sandwich </p> <p>*****</p> <p>Cheese & Biscuits </p> |
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Quorn Heinz

We incorporate well known brands into our dishes including Quorn, Harry Ramsden's Junior, Milkona and Heinz